

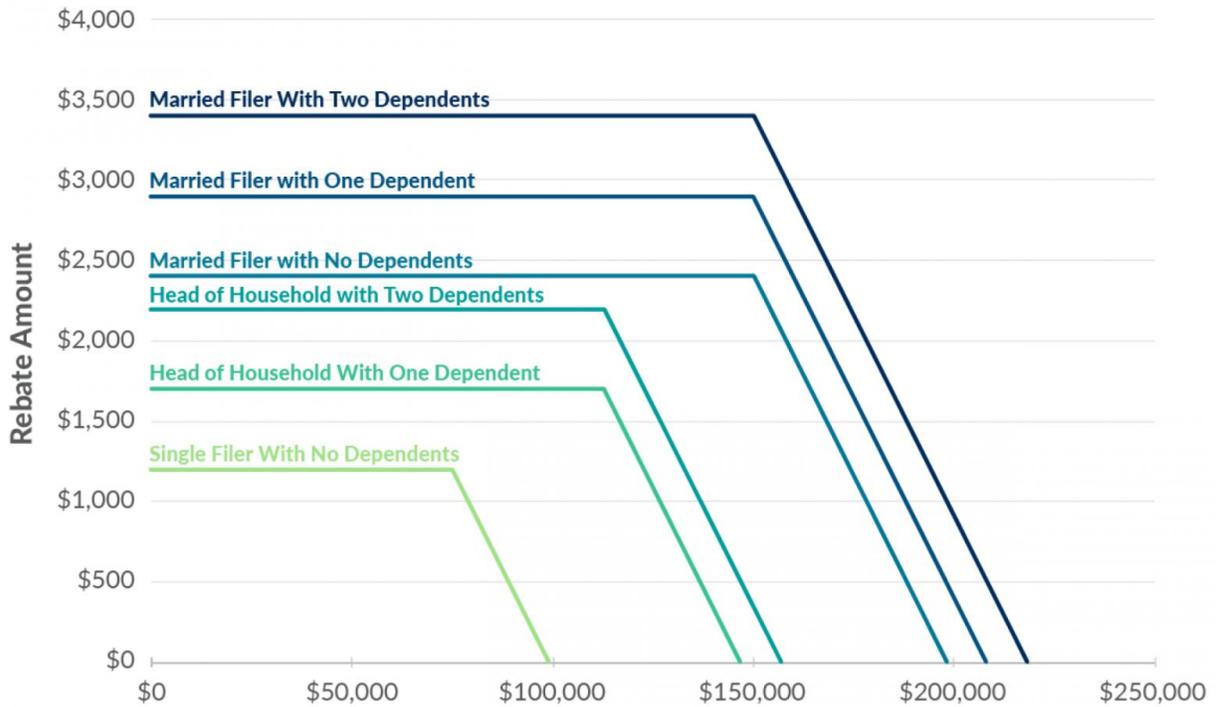
NEWS:

USCIS encourages all those, including aliens, with symptoms that resemble Coronavirus Disease 2019 (COVID-19) (fever, cough, shortness of breath) to seek necessary medical treatment or preventive services. Such treatment or preventive services will not negatively affect any alien as part of a future Public Charge analysis. [Link](#)

Tax Deadline Changed

The deadlines to FILE and PAY federal income taxes are extended to July 15, 2020. - [Link](#)

Do you qualify for a stimulus check in Senate's coronavirus response bill? - [Link](#)



UNEMPLOYMENT INSURANCE BENEFITS STEPS - by AAM - [Link](#)

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Information / Applications: [EDD Link](#)

في حالة التوقف المؤقت أو تخفيض وقت العمل

If your work hours have been reduced:

https://www.edd.ca.gov/Unemployment/Work_Sharing_Program.htm

في حالة ترك العمل بسبب ان المدارس اغلقت

If your child is out of school and you have to miss work to care for them:

https://www.edd.ca.gov/Unemployment/Filing_a_Claim.htm

لو انك مريض أو في العزل الطبي

- If you are currently sick or quarantined:

https://www.edd.ca.gov/Disability/How_to_File_a_DI_Claim_in_SDI_Online.htm

لو انك تراعي احد أفراد الأسرة المريض

- If you are caring for an ill or quarantined family member:

https://www.edd.ca.gov/Disability/How_to_File_a_PFL_Claim_in_SDI_Online.htm

لو انك عملك حر

- If you are self employed:

<https://www.edd.ca.gov/disability/Self-Employed.htm>

في كل الأحوال يوجد اختيار للغة و منهم العربية

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Ways to Get Assistance During the Coronavirus Pandemic: [Link](#)

1- The United Way and 211

The United Way's 211 network is a helpful resource that connects people with health and human services in their area, like finding housing assistance or food banks. You just dial 211 on your phone or visit 211.org.

Relief fund: <https://www.unitedway.org/recovery/covid19#>

2- Food Pantries: [Link](#)

LA Food banks: <https://www.lafoodbank.org/find-food/pantry-locator/>

OC Food Bank: <http://ocfoodhelp.org/orange-county-free-food-map/>

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Important Links/Notes:

+ LA Department of Public Social Services: <http://dpss.lacounty.gov/wps/portal/dpss>

ATTENTION



DPSS CUSTOMERS

All DPSS benefits, Medi-Cal, CalFresh, CalWORKs and General Relief, will continue **uninterrupted** for the following months: **March, April and May 2020.**

[Click here for more information.](#)

Customers can apply for the following benefits [online](#) through the Your Benefits Now website or by Calling the DPSS Customer Service Center at (866) 613-3777.

CalFresh: Food benefit program for individuals and families;

General Relief: Cash assistance program for single adults;

CalWORKS: Cash assistance program for families;

CAPI: Cash assistance program for immigrants; and

Medi-Cal: Health benefits for individuals and families.

In-Home Supportive Services (IHSS): in-home provided care for persons with a disability can be applied for by calling the IHSS Application line at (888) 944-4477 or the IHSS Helpline at (888) 822-9622.

- + Governor Newsom Issues Executive Order to Protect Renters and Homeowners During COVID-19 Pandemic - Till May 31 - [Link](#) - The moratorium only applies to unincorporated L.A. County areas - <https://dcba.lacounty.gov/coronavirus/>
- + <https://lacountyhelpcenter.org/for-workers/>
- + <https://lacountyhelpcenter.org/for-business-owners/>
- + <https://lacountyhelpcenter.org/wp-content/uploads/2020/03/DCBA-Coronavirus-FAQs-3.10.20.pdf>
- + <https://www.aging.ca.gov/covid19/>
- + https://www.aging.ca.gov/Find_Services_in_My_County/#tblServicesInMyCounty

Organization	Service	Phone
211	2-1-1 is a free and confidential service that helps people find the resources they need.	Dial 211
AARP	AARP is a nonprofit, nonpartisan organization that empowers people to choose how they live as they age.	Toll-free: 1-888-687-2277 Toll-free Spanish: 1-877-342-2277 TTY user dial 711: English: 1-877-434-7598 Spanish: 1-866-238-9488
Alzheimer's Association	The Alzheimer's Association works to end Alzheimer's and all other dementia by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.	Toll-free, 24-hour Helpline: 800.272.3900
Area Agencies on Aging	33 Area Agencies on Aging coordinate a wide array of services for seniors and adults with disabilities at the community level and serve as the focal point for local aging concerns.	Toll-free number: 1-800-510-2020

CalFresh	CalFresh helps people with low-incomes who meet federal eligibility rules buy healthy and nutritious food.	CalFresh Info Line 1-877-847-3663 (available in English, Spanish, Cantonese, Vietnamese, Korean, and Russian). For speech and/or hearing assistance, call 711 Relay.
Caregiver Resource Centers	These serve families and caregivers of adults affected by chronic and debilitating health conditions including dementia, Alzheimer's disease, cerebrovascular diseases (such as stroke or aneurysms), degenerative diseases such as Parkinson's, Huntington's and multiple sclerosis, or traumatic brain injury (TBI), among many others.	Toll-free (800) 445-8106
Friendship Line	The Institute on Aging's Friendship Line is both a crisis intervention hotline and a warmline for non-emergency emotional support calls for people age 60 and over, and adults living with disabilities.	Toll-free, 24-hour number: 1-800-971-0016
Health Insurance Counseling and	Provides free, confidential one-on-one counseling, education, and assistance to individuals and their families regarding	Toll-free statewide number: 1-800-434-0222

<p>Advocacy Program</p>	<p>Medicare, long-term care insurance, and other health insurance-related issues.</p>	
<p>Long-Term Care Ombudsman Program</p>	<p>Long-Term Care Ombudsman representatives assist residents in long-term care facilities with issues related to day-to-day care, health, safety, and personal preferences. Their services are free and confidential.</p>	<p>Toll-free, 24-hour number: 1-800-231-4024</p>
<p>Substance Abuse and Mental Health Services Administration (SAMHSA)</p>	<p>SAMHSA’s Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.</p>	<p>Toll-free, 24-hour number: 1-800-985-5990, multili</p>